



Pearl Barley & Walnut Salad

Ingredients

2 cups pearl barley, cooked and chilled

1 cup walnuts, finely chopped

1-1½ cups celery, finely chopped

2-3 tablespoons French dressing

Salt & pepper to taste

Method

In a bowl mix together walnuts, celery and barley, breaking up any grains which have stuck together.

Add dressing and season with salt & pepper. Chill for at least 1 hour before serving.

